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**refine your skills as
a NARM therapist
Or get acquainted with
NARM therapy**

**with
Elisabeth Schneider-Kaiser**



The spontaneous movement in all of us is toward connection. No matter how withdrawn and isolating we have become, or how serious the trauma we have experienced, on the deepest level, just as a plant spontaneously moves towards the sun, there is in each of us an impulse moving toward connection.

dr. Laurence Heller

Become a better therapist! We will be training and rehearsing and do a lot of hands-on training.

In recent years the role of self-regulation has become an important part of psychological thinking. The NeuroAffective Relational Model™ brings the current understanding of self-regulation into clinical practice. This resource-oriented, non-regressive model emphasizes helping clients establish connection to the parts of self that are organized, coherent and functional. NARM addresses relational and attachment trauma by working with early, unconscious patterns of disconnection that deeply affect our identity, emotions, physiology, behavior and relationships. NARM integrates a psychodynamic and body centered approach and offers a comprehensive theoretical and clinical model for working with developmental trauma.

Are you clear and confident about the specific elements of the NARM therapy?

We will go over the main principles and the 4 pillars and do hands on training in implementing the core NARM elements in your daily work with clients.

We will look into the specific challenges the different survival strategies gives us as psychotherapists and how to meet the client in the most respectful and contained way.

This is an opportunity for you as a NARM therapist to get help to explore the things you find the most difficult and train new ways to meet these difficulties from a NARM perspective. And for those of you who are skilled psychotherapists but know little of

NARM, this is a sound introduction to the therapeutic possibilities NARM offers.

You will be choosing what we are going work with.

We could for instance look into how we can use the four pillars in the here and now with focus on exploring the encapsulated dynamic of the older identifications and strategies a child builds up, all with the aim of separating that dynamic in the here and now as adults. We can explore the concept of identification and dis-identification. We can look at how the different survival styles are connected to the attachments styles developed by Bowlby and Ainsworth. Or we will go into whatever you need the most!

Inspiration fra litteratur: Udviklingstraumer af Laurence Heller & Aline LaPierre, Hans Reitzels Forlag, 2014.

Underviseren: Elisabeth Schneider Kaiser is a senior assistant in the Somatic Experiencing work as well as approved teacher and senior assistant in the NeuroAffective Relational Model. Training in BA, communication skills by C. Rogers. She works mainly with the effects of shock and trauma. She gives private lessons, supervisions, and introductory courses in Germany, Italy, and Denmark. Elisabeth will be assisted by experienced co-facilitators.

Kurset kan ikke forventes godkendt i Dansk Psykologforening.

Sted: Storkøbenhavn.

Tid: 6.-8. september 2018 kl. 9:00-16:30. Vi begynder til tiden, og der er morgenbrød og kaffe/the fra kl. 8:45.

Pris: kr. 5800. Prisen er inkl. fuld forplejning hele dagen og gratis parkering. Du bedes betale depositum kr. 500 eller det fulde beløbet i forbindelse med din tilmelding til Nordea reg. 2310 knt. 0759 647 998. Husk at anføre 'dit navn + EKSws'. Bindende tilmelding fra den 15. juni 2018 mod tab af depositum/gebyr på kr. 500. Efter denne dato kan returnering af kursusafgift fratrukket gebyret alene forekomme, hvis vi eller du kan finde en til at overtage pladsen. Kursusgebyr vil blive opkrævet v. for sent afbud/udeblivelse, såfremt pladsen ikke kan afsættes til anden side. Bindende tilmelding og betaling senest den 15. juni 2018. Ved forsinket betaling opkrævers yderligere kr. 500. Er der plads, er du velkommen til at melde dig til samme morgen, men send en sms/ring dog lige først ;-)

Tilmelding er bindende fra: den 15. juni 2018 og skal ske og skal ske via webben www.lsrt.dk/kursus

Der modtages kun individuelle tilmeldinger. Har du spørgsmål kan du kontakte os på kursus@lsrt.dk eller tlf.26244064.